



H O L Y C R O S S P A R I S H

291 Cosburn Avenue, Toronto, ON M4J 2M4

Tel: 416-421-5225 - press 0 (office); press 3 (St. Vincent's De Paul) Fax: 416-421-4656

Email: holycrossto@archtoronto.org Website: holycrossto.archtoronto.org

Office Hours:

Tuesday to Thursday
9:00 am to 4:00pm

Fr. Godofredo R. Claudio, Pastor

Maria Agovino, LPA Holy Cross Parish & Canadian Martyrs Parish

Joan Bolanos, Administrative Assistant/Bookkeeper

Enrique De Leon - Custodian

Weekend Masses:

Saturday 9:00 am

Sunday 9:00 am, 11:00 am

Morning Prayer:

Wednesday & Friday 8:30 am

Weekday Masses:

Wednesday & Friday 9:00 am

Sacrament of Reconciliation:

Saturday 9:30 am to 10:00 am

First Friday 6:15 pm to 6:45 pm

For any other day by appointment only

First Fridays: *except July and August*

Holy Hour: 6:00 pm

Mass 7:00 pm

Baptism:

By appointment and after an interview with the parents.

Marriage:

Couples planning to be married should contact the pastor one year in advance.

Care of the Sick:

Please call the parish to request visitation of the sick or elderly for prayers, Holy Communion, Sacrament of the Sick.

New Parishioners:

Registration Form is available in the vestibule of the Church, in the parish office or on the website.

Holy Cross School **Phone:** 416-393-5242

299A Donlands Avenue, Toronto, Ont. M4J 3R7

Principal: Arlene Martin

... <i>Mass Intentions</i>		
Feb/Mar	MASS FOR	REQUESTED BY
23 Mon, 9am	NO MASS	
24 Tues, 9am	Canadian Martyrs	
25 Wed, 9am	Thanksgiving – Luzminda Que	Fe & Vinda Olase
26 Thurs, 9am	Canadian Martyrs	
27 Fri, 9am	Maria Paz Beltran +	Rico & Yvette Beltran
28 Sat, 9am	All Parishioners Reynaldo Mejilla + Nazario Balane + Merce Mejilla Jasmine & Reuel Balane & Family
5pm	(Canadian Martyrs Parish)	
Mar 1 Sun, 9am	Birthday Thanksgiving – Ari Doumouras	Karin Doumouras
11 am	Thanksgiving – Lupin & Bernadette	D'Souza Family



Exposition of the Blessed Sacrament

We would like to inform everyone that the exposition of the Blessed Sacrament takes place every **Wednesday and Friday after the 9:00 a.m. Mass from 9:30am until 10:00 a.m.** in the Church **except on holidays.**



Let us pray for the sick

We keep in our prayers the sick, the homebound, and the "forgotten members" in our community.

If you have a loved one you would like on our Sick list, please call or email us. We will keep their names on our list for 4 weeks. *Thank you.*

Meditate on God's Word



Sunday Gospel Reflection

1st Sunday of Lent

Gospel: Matthew 4.1-11 - The Temptation of Jesus

Fasting and Feasting

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. We often associate Lent with fasting and penances, which are undoubtedly good. However, it is important that if we are going to give something up, we should strive to replace it with something good as well, for Aristotle famously said that "nature abhors a vacuum."

This leads us to the practice of "fasting and feasting" in Lent. Through this practice we are able to cultivate strong stewardship through fasting from things that are unvirtuous and feasting on charitable and wholesome acts. Let us take some time to prayerfully reflect on how we can implement the following list this Lenten season.

Fast from judging others; Feast on the Christ dwelling in them. Fast from emphasis on differences; Feast on the unity of life. Fast from words that pollute; Feast on phrases that purify. Fast from discontent; Feast on gratitude. Fast from anger; Feast on patience. Fast from complaining; Feast on appreciation. Fast from negatives; Feast on affirmatives. Fast from self-concern; Feast on compassion for others. Fast from problems that overwhelm; Feast on prayer that strengthens. In essence, let us fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

Summary

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. It is important that if we are going to give something up, we should strive to replace it with something good as well. Let us strive to fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

<https://www.archtoronto.org/stewardship>



Thank you for joining us at last week's **Sunday Pancake** event. Your presence, joy, and fellowship made the gathering truly special. It was wonderful to see our parish hall filled with conversation, laughter, and the spirit of togetherness. A heartfelt thank-you to all our volunteers who generously gave their time, energy, and hard work. Your dedication—whether in planning, cooking, serving, setting up, or cleaning—made this event a success. We are deeply grateful for everything you do for our parish community. A big **Thank You to Rico for his hard work at the Pancake Breakfast!** And a warm shout-out to **Shiela of Donland's Dinner, and Basic Foods** for their generous donations. Your support truly makes a difference in our community. We are blessed to share moments like these. Here are some beautiful photos to cherish and to remind us of the warmth and unity that make our parish a home for all.



You are warmly invited to join a **Pilgrimage to Poland and Medjugorje** under the spiritual leadership of **Father Godofredo R. Claudio**, Pastor of Holy

Cross Parish, Toronto. **Dates:** September 15 – 25, 2026 (11 days) **Cost:** \$4,890.00 (Toronto departure, inclusive of all taxes & tips) **Tour Co-ordinator:** Ms. Claudette Wilson (416-467-0720)



LENTEN SCHEDULE

Stations of the Cross	Fridays, 7pm Feb 20, 27, Mar 6, 13, 20 27
Lenten Confession	Holy Cross School – Wed Mar 25 (9:45am to 12 noon) school premises
	Holy Cross Church Wed, Mar 25, 6-7pm
Palm Sunday Mar 29	Regular weekend services 9am & 11am Blessing of Palms at all Masses
Holy Thursday Apr 2	No 9am Mass 7pm – Mass of the Lord's Supper Adoration until 10pm
Good Friday Apr 3	No 9am Mass 12noon & 3pm Liturgy of the Passion of Christ 4pm - Divine Mercy Novena 7pm – Stations of the Cross
Holy Saturday Apr 4	No 9am Mass 7pm – Easter Vigil
Easter Sunday Apr 5	Regular weekend services 9am & 11am
Easter Monday Apr 6	No 9am Mass Office is closed

Special Devotion Candles Feb 17 to 24

We are pleased to offer two Special Devotion Candles (Sanctuary Lamps near the Tabernacle) available to burn for your intentions for one week. The cost is \$20.00 per candle.

In Loving Memory of Lydia Bonza

Requested by: Robelyn Parreno & friends
"Grateful for every memory, every smile, and every moment of friendship we shared."

In Loving Memory of Jennifer Ramlochan

Requested by: Ramlochan, Mohamed, Panchoo Ramlochan & family
"Your voice echoes in the quiet, your smile lives in our memories, your love stays with us."

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