



H O L Y C R O S S P A R I S H

291 Cosburn Avenue, Toronto, ON M4J 2M4

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Email: holycrosssto@archtoronto.org Website: holycrosssto.archtoronto.org

Office Hours:

Tuesday to Thursday
9:00 am to 4:00pm

Fr. Godofredo R. Claudio, Pastor

Maria Agovino, LPA Holy Cross Parish & Canadian Martyrs Parish

Joan Bolanos, Administrative Assistant/Bookkeeper

Enrique De Leon - Custodian

Weekend Masses:

Saturday 9:00 am
Sunday 9:00 am, 11:00 am

Morning Prayer:

Wednesday & Friday 8:30 am

Weekday Masses:

Wednesday & Friday 9:00 am

Sacrament of Reconciliation:

Saturday 9:30 am to 10:00 am
First Friday 6:15 pm to 6:45 pm
For any other day by appointment only

First Fridays: *except July and August*

Holy Hour: 6:00 pm
Mass 7:00 pm

Baptism:

By appointment and after an interview with the parents.

Marriage:

Couples planning to be married should contact the pastor one year in advance.

Care of the Sick:

Please call the parish to request visitation of the sick or elderly for prayers, Holy Communion, Sacrament of the Sick.

New Parishioners:

Registration Form is available in the vestibule of the Church, in the parish office or on the website.

Holy Cross School Phone: 416-393-5242

299A Donlands Avenue, Toronto, Ont. M4J 3R7

Principal: Arlene Martin

Meditate on God's Word



Sunday Gospel Reflection
4th Sunday of Ordinary Time
Gospel: Matthew 5:1–12a-

When Jesus sees the crowds, He goes up the mountain and sits down. This simple gesture matters. Sitting was the posture of a teacher, and the mountain evokes Mount Sinai, where God once gave Moses the Law. But Jesus does not repeat the old law; instead, He reveals a new way of living — the way of the Kingdom of Heaven.

The Beatitudes turn our understanding of success upside down. Jesus calls “blessed” those whom the world often overlooks: the poor in spirit, the meek, the mourners, the merciful, the peacemakers, and those who suffer for righteousness. In doing so, He challenges us to examine what we value and where we place our trust.

To be **poor in spirit** is not simply to lack material wealth. It means recognizing our deep dependence on God — acknowledging that we cannot save ourselves. When we let go of the illusion of self-sufficiency, we make space for God’s grace to work in our lives. This humility opens the door to the Kingdom. Jesus also blesses those who **mourn** and those who are **meek**. Mourning here is not only personal grief but sorrow over sin, injustice, and suffering in the world. Meekness is not weakness; rather, it is strength under control, choosing gentleness over domination. These qualities allow God’s healing and justice to take root.

The Beatitudes call us to an interior transformation. Hungering and thirsting for righteousness means longing for God’s will more than personal comfort. Being pure of heart requires integrity, sincerity, and a single-hearted love for God. Peacemakers do not merely avoid conflict; they actively work to build reconciliation and bridge divisions, even when it is costly.

Jesus does not hide the cost of discipleship. He warns that those who live by these values may be ridiculed, opposed, or persecuted. Yet He ends with a surprising command: “**Rejoice and be glad.**” Why? Because faithfulness to God always leads to life, even when it involves suffering. Our reward is not rooted in worldly approval but in communion with God.

<https://www.archtoronto.org/stewardship>

... <i>Mass Intentions</i>		
Feb	MASS FOR	REQUESTED BY
2 Mon, 9am	NO MASS	
3 Tues, 9am	Canadian Martyrs	
4 Wed, 9am	16 th year death anniversary – Delia Cabahug	Cabahug Family
5 Thurs, 9am	Birthday Thanksgiving – Claire Aaron Canadian Martyrs	Claudette Wilson
6 (1 st) Fri 9am 6pm 7pm	Cynthia Dawson + Holy Hour Murray Greenwood +	Lorraine Dawson Karin Doumouras
7 Sat, 9am 5pm	All Parishioners Tanya Barrera + (Canadian Martyrs Parish) Karin Doumouras
8 Sun, 9am 11 am	Thanksgiving 4 th wedding anniversary – Ari Doumouras & Emma O’Callaghan Consolacion Cabusas +	Karin Doumouras Ybarola Family



Exposition of the Blessed Sacrament

We would like to inform everyone that the exposition of the Blessed Sacrament takes place every **Wednesday and Friday after the 9:00 a.m. Mass from 9:30am until 10:00 a.m.** in the Church **except on holidays.**



Let us pray for the sick

We keep in our prayers the sick, the homebound, and the “forgotten members” in our community.

If you have a loved one you would like on our Sick list, please call or email us. We will keep their names on our list for 4 weeks. *Thank you.*

Thank You, Fr. Luis Melo and Fr. Nabine Djore

Thank you, Fr. Luis, for generously helping us celebrate our Sunday Masses during Fr. Fred's absence. We are deeply grateful for your time, your spiritual guidance, and your dedication — **even braving the snowstorm on January 28 to be with us.** As this Sunday marks your last with us, please know of our heartfelt appreciation and prayers. We also extend our heartfelt thanks to **Fr. Nabine** for presiding over the weekday and Saturday Masses. With your last day being Friday, February 6, please know how much we appreciate your support and ministry to our community.



2025 Income Tax Receipts.

We are pleased to inform you that the **2025 tax receipts** are currently being processed. They will be mailed before the end of the month. We extend our heartfelt gratitude to everyone who supported and participated in our fundraising efforts, and to those who continue to be a pillar of our parish. Your generosity and commitment are deeply appreciated and we thank you for your ongoing support.

Upcoming Schedules

Feb 6 (1 st) Friday	9am Mass 6pm Holy Hour 7pm Mass
Feb 15 Sunday	Pancake Sunday
Feb 18 Wednesday Ash Wednesday	9am Mass 10:30am Holy Cross School Mass 7pm Mass



The **Catholic Women's League** will be hosting a delightful Pancake Breakfast on Sunday, Feb 15, **2026**, in the Parish Hall. The breakfast menu includes not only delicious pancakes but also sausages, orange juice, fruits, and coffee. There will be two seating times available for attendees, one starting at 10:00 AM and the other at 12:00 noon. Tickets for this event can be purchased on the weekend by visiting our table in the narthex. Don't miss out on this lovely community gathering and the chance to enjoy a wonderful meal!



You are warmly invited to join a **Pilgrimage to Poland and Medjugorje** under the spiritual leadership of **Father Godofredo R. Claudio**, Pastor of Holy Cross Parish, Toronto. **Dates:** September 15 – 25, 2026 (11 days) **Cost:** \$4,890.00 (Toronto departure, inclusive of all taxes & tips) **Tour Co-ordinator:** Ms. Claudette Wilson (416-467-0720)



How to Prepare for Ash Wednesday • Spend a few moments in quiet prayer, asking God for guidance as Lent begins. • Reflect on what you hope to change or grow in during the Lenten season. •

Consider a meaningful Lenten commitment—prayer, fasting, or acts of charity. • Attend Mass or a service to receive ashes as a sign of repentance and renewal.

A Simple Prayer for Ash Wednesday Preparation

Lord, As I prepare for the season of Lent, open my heart to Your grace. Help me turn away from anything that keeps me from You and guide me toward renewal, mercy, and peace. Give me the strength to begin again and the humility to walk with You each day. Amen.

Celebration of Marriage Mass with Bishop John Boissonneau.

As part of Marriage Sunday 2026 celebrations, Bishop John Boissonneau will preside at a special Mass to honour married couples, with special recognition for those celebrating 25th, 40th, 50th, 60th and 60+ wedding anniversaries in 2026. The Mass will take place at 2:30 p.m. on Sunday, Feb. 8, 2026 at St. Michael's Cathedral Basilica (65 Bond St., Toronto). All are welcome to attend. Reserved seating is available for couples celebrating a 25th, 40th, 50th, 60th or 60+ anniversary in 2026. Registration and other important information can be found at www.archtoronto.org/marriage.



Rite of Christian Initiation for Adults

Notice for anyone seeking to join the Order of Christian Initiation of Adults (OCIA), once called the RCIA: We do not currently have an OCIA program in the parish. For further information please contact the office of formation and discipleship at the Archdiocese at 416-934-0606 or our LPA Maria at MAGovino@archtoronto.org

Special Devotion Candles Jan 27 to 3

We are pleased to offer two Special Devotion Candles (Sanctuary Lamps near the Tabernacle) available to burn for your intentions for one week. The cost is \$20.00 per candle. To book a candle, please call or email the office. Monthly offerings will be posted on our web and Facebook page.



In Loving Memory of Michele Giovanni Mauro

Requested by Maria Mauro & Family
"Resting peacefully in God's loving embrace, always remembered with love."



For all Intentions

This Sanctuary Lamp Devotion Candle is being offered for all the intentions of Holy Cross Parish Community, living, sick and deceased.

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