



H O L Y C R O S S
P A R I S H

291 Cosburn Avenue, Toronto, ON M4J 2M4

Tel: 416-421-5225 - press 0 (office); press 3 (St. Vincent's De Paul) Fax: 416-421-4656

Email: holycrossto@archtoronto.org Website: holycrossto.archtoronto.org

Office Hours:

Tuesday to Friday
9:00 am to 4:00pm

Fr. Godofredo R. Claudio, Pastor

Deacon Albert Dacanay

Joan Bolanos, Administrative Assistant

Sunday Masses:

Saturday Vigil 5:00 pm
Sunday 9:00 am, 11:00 am

Morning Prayer:

Monday to Friday 8:40 am

Weekday Masses:

Tuesday to Friday: 9:00 am
Saturdays & Holidays: 9:00 am

Sacrament of Reconciliation:

Saturday 4:00 pm to 4:30 pm
First Friday 6:15 pm to 6:45 pm
For any other day by appointment only

First Fridays:

Holy Hour: 6:00 pm
Mass 7:00 pm

Baptism:

By appointment and after an interview with the parents.

Marriage:

Couples planning to be married should contact the pastor one year in advance.

Care of the Sick:

Please call the parish to request visitation of the sick or elderly for prayers, Holy Communion, Sacrament of the Sick.

New Parishioners:

Registration Form is available in the vestibule of the Church, in the parish office or on the website.

Eucharistic Healing Procession & Benediction

Every 1st Sat. of the Month after the 9:00am Mass.

Holy Cross School Phone: 416-393-5242

299A Donlands Avenue, Toronto, Ont. M4J 3R7

Principal: Ms. Sandy Gunter

FIRST SUNDAY OF LENT

Mass Intentions

Feb / Mar	MASS FOR	REQUESTED BY
27 Mon, 9am	NO MASS	
28 Tues, 9am	Maria Paz Beltran +	Beltran Family
Mar 1 Wed, 9am	Thanksgiving – Pamela Garcia	Rico Beltran & Family
2 Thurs, 9am	Cocoheart Szabo-Gregory +
3 Fri, 9am 6pm 7pm	Ken Lee + Holy Hour Mass/Stations of the Cross	Dinah Napoto
4 Sat, 9am	All Parishioners Rose Marie Rivers + Thanksgiving – Mother Mary Thanksgiving- Luzminda Que Nikola & Sharon Charlotte D’Silva Elena & Ligaya
5pm	All Souls in Purgatory
5 Sun, 9am	Thanksgiving – Allan , Lydia & Adam Jaikaransingh	Nelson & Nelia Ducusin
11 am	Thanksgiving – Emma Eustaquio	Nelson & Nelia Ducusin

Meditate on
God's Word



Sunday Gospel Reflection

Gospel: Matthew 4.1-11 - The Temptation of Jesus

Fasting and Feasting

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. We often associate Lent with fasting and penances, which are undoubtedly good. However, it is important that if we are going to give something up, we should strive to replace it with something good as well, for Aristotle famously said that “nature abhors a vacuum.” This leads us to the practice of “fasting and feasting” in Lent. Through this practice we are able to cultivate strong stewardship through fasting from things that are unvirtuous and feasting on charitable and wholesome acts. Let us take some time to prayerfully reflect on how we can implement the following list this Lenten season. Fast from judging others; Feast on the Christ dwelling in them. Fast from emphasis on differences; Feast on the unity of life. Fast from words that pollute; Feast on phrases that purify. Fast from discontent; Feast on gratitude. Fast from anger; Feast on patience. Fast from complaining; Feast on appreciation. Fast from negatives; Feast on affirmatives. Fast from self-concern; Feast on compassion for others. Fast from problems that overwhelm; Feast on prayer that strengthens. In essence, let us fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

Summary

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. It is important that if we are going to give something up, we should strive to replace it with something good as well. Let us strive to fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

Exposition of the Blessed Sacrament



We would like to inform everyone that the exposition of the Blessed Sacrament is every **Tuesday to Friday after the 9:00 a.m. Mass until 10:00 a.m.** in the Church **except on holidays.**



Let us pray for the sick

We keep in our prayers the sick, the homebound, and the “forgotten members” in our community.

If you have a loved one you would like on our Sick list, please call or email us. We will keep their names on our list for 4 weeks. *Thank you.*

UPCOMING EVENTS

Date	Activities	Mass / Service
Every Friday from Feb 24 to Mar 31	Stations of the Cross	7:30pm Start with 7pm Mass
Mar 28 Tuesday	Parish Lenten Confessions	6:30 to 7:30pm Frs. Freddy & Vijai
Apr 2 Sunday	Palm Sunday	Saturday: 5pm Mass Sunday: 9 & 11am Mass
Apr 6 Thursday	Holy Thursday Celebration of the Lord's Last Supper & Washing of the Feet	No 9am Mass 7pm followed by Adoration until 10pm
Apr 7 Friday	Good Friday Liturgy of the Passion of Christ Stations of the Cross	12 noon & 3pm 7pm
Apr 8 Saturday	Holy Saturday Easter Vigil	No 9am Mass 8pm
Apr 9 Sunday	Easter Sunday	9 & 11am Mass
Apr 10 Monday	Easter Monday NO Mass / Office is closed	



Virtual Event: National World Day of Prayer Virtual Service 2023 Saturday, March 4 – 1 to 2:30 p.m. E The World Day of Prayer is a global ecumenical movement which brings Christians of many traditions together to observe a common day of prayer every annually under the motto “Informed Prayer and Prayerful Action”. The National World Day of Prayer in Canada is organized by Women's Inter-Church Council of Canada and this year's theme is based on Ephesians 1:15-19, “God's calling has a meaning and a purpose”. Plan to join with Christians across Canada standing together as disciples in prayer and action for justice, peace, and reconciliation. Register at: <https://bit.ly/3DBHUxZ>



Holy Cross Finance Council

Some people deserve more than a “Thank You”. We would like to express our heartfelt gratitude for all the hard work and efforts you have put together to make the

Volunteer Appreciation Dinner a success. Without each and every one of you, we never would have accomplished this goal. Congratulations on a job well done.

Pancake Breakfast



The Catholic Women's League will be hosting a Pancake Breakfast on **Sunday, Mar 12, 2023** in the Parish Hall. Aside from pancakes they will be serving sausages, orange juice, fruits & coffee. With 2 sittings from 10:00am and 12noon. Tickets are on sale for \$5.00. For more info, please contact Claudette Wilson 416-467-0720.

Soup Night



Mar 31st, 2023

After the Stations of the Cross from 7 to 9pm Church Hall. Everyone is welcome to join.



Ways to Support Your Parish

Online through the “ Support Your Parish ”initiative through the Archdiocese of Toronto. The link can be

found on our Home Page.

Online through our existing PAG (Pre-Authorized Giving) program. Contact the office for more information.

By placing a cheque in your traditional offertory envelopes and mailing to the parish office: HolyCross Parish, 291 Cosburn Avenue, Toronto, ON M4J 2M4.

No matter how you chose to give, please know that your support is needed and appreciated, now more than ever.

Thank you so much in advance for your generosity.

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