



H O L Y C R O S S  
P A R I S H

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**Office Hours (Temporary):**

Office Closed until  
further notice.

Email for appointment.

*Fr. Godofredo R. Claudio, Pastor*

*Deacon Albert Dacanay*

*Barbara J. Samson, Secretary*

**Sunday Masses:**

Saturday Vigil 5:00 pm  
Sunday 9:00 am, 11:00 am

**Morning Prayer:**

Monday to Friday 8:40 am

**Weekday Masses:**

Monday to Friday: 9:00 am  
Saturdays & Holidays: 9:00 am

**Sacrament of Reconciliation:**

Saturday 4:00 pm to 4:30 pm  
First Friday 6:15 pm to 6:45 pm  
For any other day by appointment only

**First Fridays:**

Holy Hour: 6:00 pm  
Mass 7:00 pm

**Baptism:**

By appointment and after an interview with the parents.

**Marriage:**

Couples planning to be married should contact the pastor one year in advance.

**Care of the Sick:**

Please call the parish to request visitation of the sick or elderly for prayers, Holy Communion, Sacrament of the Sick.

**New Parishioners:**

Registration Form is available in the vestibule of the Church, in the parish office or on the website.

**Eucharistic Healing Procession & Benediction**

Every 1st Sat. of the Month after the 9:00am Mass.

**Holy Cross School Phone: 416-393-5242**

299A Donlands Avenue, Toronto, Ont. M4J 3R7

**Principal: Ms. Sandy Gunter**

**17<sup>th</sup> Sunday in Ordinary Time: July 25**

1st Reading 2 Kings 4:42-44  
 2nd Reading Ephesians 4:1-6  
 Gospel John 6:1-15

**Jesus Feeds 5000 Men With  
 5 Loaves of Bread and 2 Fish**



On this day, Jesus manifested Himself as the Food that lasts forever. He revealed that He is the Bread of Life, Bread that never gets finished.

With only 5 Loaves of Bread and 2 Fish, Jesus feeds a humongous

crowd, who among them were a whopping 5000 men. This was a miracle. What human beings can't comprehend we call it a miracle.

The disciples were very troubled when Jesus told them to tell the crowds to sit down for some food. They wondered how and where they would get all that food to feed them. But they forgot that the solution to their problem was Jesus who was right there with them.

Jesus looked up to heaven and blessed the loaves and fish the same way He did during the Last Supper when He said, "Take this all of you and eat it, for This is My Body." He multiplied them and the crowd had enough to eat.

The feeding of this mammoth crowd by Jesus teaches us that whatever big a problem we might have, the answer is Him. In our limited human capacity, we may see as if the world is crumbling down on us when we face some serious problems, but if we take our problems to Jesus, everything starts to fall into place. Jesus will calm all our stormy seas when we turn to Him in humility and prayer.

Jesus instructed us to remember Him during the Holy Eucharist by eating His Body and drinking His Blood. Through this, we will dwell in Jesus and He will dwell in us and we will be raised on the Last day.

*Prayer: Lord Jesus Christ, I love You, trust You and believe in You. Forgive me of my sins so that when I receive Your Body and Blood, I may live in You and You in Me forever. Amen.*

*Excerpt from <https://catholicreadings.org>*

**18<sup>th</sup> Sunday in Ordinary Time: August 1**

1st Reading Exodus 16:2-4, 12-15  
 2nd Reading Ephesians 4:17, 20-24  
 Gospel John 6:24-35

**I Am The Bread of Life  
 Whoever Comes To Me Will Never Hunger**



Wouldn't it be nice if you were never hungry or thirsty again? What's fascinating is that Jesus uses these very natural human experiences to teach us about Himself. He uses natural hunger

and thirst to teach us that we long to be satisfied spiritually. And there is only one way to satiate these spiritual longings... through Him.

It is a good spiritual practice to reflect upon your natural longings as an analogy for your spiritual longings. Naturally speaking, we regularly get hungry and thirsty. We eat and drink, but several hours later we hunger and thirst again. This is a cycle we cannot avoid. Our body continually craves food and drink.

The same is true on a spiritual level. We cannot pray once and satisfy our spiritual longings forever. We cannot simply believe in Jesus and then be satisfied forever. Why? Because prayer and unity with Jesus is something that must take place daily throughout your day.

The Eucharist offers insights into this hunger and thirst in that it provides us with our "daily" food. It is a gift that we must daily seek. Some of the Sacraments are given to us only once (Baptism and Confirmation). But the Eucharist is a gift that we must continually consume and long for.

The fact that we must continually go to Mass and receive the Eucharist tells us that our Christian life is not something that can be fulfilled by one definitive decision. Rather, it's something that needs daily nourishment and fulfillment.

What do you do to satisfy this Christian longing each and every day? Perhaps you cannot attend Mass every day, but do you seek to fulfill your Christian desire for Christ each and every day? Do you seek Him who is the Bread of Life every day? Do you seek to satiate your thirst with Christ each and every day?

Loving Jesus and following Him is a decision that must be renewed not only each day, it must also be renewed throughout your day. It must be renewed as often as you become physically hungry and thirsty.

Reflect, today, upon these natural longings you have for food and drink to continually remind yourself of your much deeper spiritual longing for Christ. Praying to Him, listening to Him and receiving Him into your soul is the food that satisfies like nothing else. Jesus is the true Bread of Life and your true Spiritual Drink. He is what you are made for. Let Him satisfy your deepest desires in life!

*Excerpt from <https://catholicreadings.org>*

## JULY 25 & AUGUST 1, 2021

### MASS INTENTIONS: August 1-15, 2021

**Note: July 16-31 was already published  
in the previous bulletin issue.**

AUG	TIME	MASS FOR	INTENTIONS	REQUESTED BY
1 Sun	9 am	Anthony McCann	All Intentions	Eleanor Houston
	11 am	All HC Volunteers & Parishioners		
2 Mon	9 am	<b>NO MASS – Civic Holiday</b>		
3 Tues	9 am	Eileen De Manche	+	Therese De Manche
4 Wed	9 am	Gordon Kinnaird	All intentions	Eleanor Houston
5 Thurs	9 am	Laura Foley	All intentions	Eleanor Houston
6 Fri	9 am	Gordon Kinnaird, Sr.	All intentions	Eleanor Houston
7 Sat	9 am	Mitchelle & Maiya Benedicto Mario & Guiseppe Ambrosini Tess Que For All the Deceased Members of Miranda Family	Thanksgiving + + +	Milagros Benedicto Incoronata Ambrosini Grace Mahia Thelma Miranda
	5 pm	All HC Volunteers & Parishioners		
8 Sun	9 am	Angela Alfred	Thanksgiving	Angela Alfred
	11 am	Eduardo Failanga	+	Analya Failanga
9 Mon	9 am	Salud Fernandez	+	Lou Fernandez
10 Tues	9 am	In Honor of the Sacred Heart of Jesus		Incoronata Ambrosini
11 Wed	9 am	Virginia Kan	Thanksgiving	Pauline Taylor
12 Thurs	9 am	Helen Chan	All intentions	Pauline Taylor
13 Fri	9 am	Grace Javier	Thanksgiving	Javier & Samson Family
14 Sat	9 am	Maria De Manche Florentina & Tessie Simbulan Rodolfo Macapagal	+ + +	Linda Cuan Remy Simbulan Remy Simbulan
	5 pm	All HC Volunteers & Parishioners		
15 Sun	9 am	Maria De Manche	+	Therese De Manche
	11 am	Christina & Carl D'Souza	Thanksgiving	D'Souza Family

The Holy Cross Parishioners would like to greet



*Fr. Godofredo "Freddy" Claudio*

a blissful

**36<sup>th</sup> Sacerdotal Anniversary**

on July 29, 2021

We would like to **THANK YOU** for all the things that you do to our Parish. Good times and bad times, sharing fun and laughter, sharing tears and crisis too! We have always felt lucky to have you as our Pastor. May our good Lord and our Blessed Mother Mary bless you with better health and more anniversaries to come.

#### FIRST FRIDAY MASS

Our First Friday

**6:00pm Holy Hour and 7:00 pm Mass**  
will resume in **September**.

***We keep in our prayers the sick, the homebound, and the "forgotten members" in our community.***

We also include in our prayers the health of Catherine Young.

#### Canadian Conference of Catholic Bishops (CCCB) Statement Date of the Indigenous Delegation to the Holy See

Posted: Jun-29-2021

Following the June 10, 2021 announcement regarding the delegation of Indigenous people to meet with the Holy Father to foster meaningful encounters of dialogue and healing, the Catholic Bishops of Canada are pleased to announce that the delegation is scheduled to take place from December 17-20, 2021 in compliance with global travel restrictions.

Pope Francis is deeply committed to hearing directly from Indigenous Peoples, expressing his heartfelt closeness, addressing the impact of colonization and the role of the Church in the residential school system, in the hopes of responding to the suffering of Indigenous Peoples and the ongoing effects of intergenerational trauma. The Bishops of Canada are deeply appreciative of the Holy Father's spirit of openness in generously extending an invitation for personal encounters with each of the three distinct groups of delegates – First Nations, Métis and Inuit – as well as a final audience with all delegates together on December 20, 2021.

This pastoral visit will include the participation of a diverse group of Elders/Knowledge Keepers, residential school survivors and youth from across the country, accompanied by a small group of Bishops and Indigenous leaders. Planning for the delegation is ongoing and further details will be announced when they are available.

The Bishops of Canada reaffirm their sincere hope that these forthcoming encounters will lead to a shared future of peace and harmony between Indigenous Peoples and the Catholic Church in Canada.

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